

2016 Alaska Distance Classic  
Skinny Raven Sports

Anchorage, Ak 08/06/2016 Weather: Rain, 60 deg

WOMEN'S DOUBLE UP RESULTS

Place	No.	Name	City	St	Rank	5k Time	Rank	10k Tim	Total
1	2	Denali Strabel	Anchorage	AK	1	19:06	1	41:18	1:00:23
2	98	Morgan Lash	Anchorage	AK	2	19:08	3	44:31	1:03:39
3	163	Becky Butler	Anchorage	AK	3	21:13	2	44:10	1:05:22
4	290	Sara Miller	Anchorage	AK	4	22:06	4	47:08	1:09:13
5	300	Kathleene Simonson	Anchorage	AK	5	22:10	5	49:09	1:11:19
6	149	Kari Skinner	Anchorage	AK	9	23:38	6	50:01	1:13:38
7	191	Joanne Allan	Anchorage	AK	7	23:13	7	50:26	1:13:38
8	151	Kat Roch	Eagle River	AK	10	23:38	8	50:31	1:14:08
9	246	Susan Craig	Soldotna	AK	11	23:45	9	52:03	1:15:48
10	241	Meghan Dotten	Anchorage	AK	8	23:36	12	52:53	1:16:29
11	92	Rachel Henderson	Anchorage	AK	13	24:38	10	52:34	1:17:11
12	203	Amanda Day	Eagle River	AK	14	24:38	11	52:38	1:17:16
13	63	Melanie Briggs	Anchorage	AK	16	25:08	13	53:10	1:18:17
14	312	Barnack Linda S	Anchorage	AK	15	24:42	16	53:44	1:18:26
15	307	Carol Halvorson	Wasilla	AK	12	24:29	18	54:08	1:18:37
16	122	Tamara Brabson	Eagle River	AK	6	22:28	20	56:42	1:19:09
17	253	Pam Tittle	Anchorage	AK	17	25:45	15	53:36	1:19:20
18	139	Teresa Curran	JBER	AK	19	25:55	17	53:59	1:19:53
19	248	Yasmin Saad	Naples	FL	44	29:25	14	53:28	1:22:53
20	27	Janet Warner	Eagle River	AK	23	26:33	19	56:30	1:23:03
21	135	Brittany Nerland	Anchorage	AK	18	25:55	24	58:29	1:24:23
22	21	Sarah Nash	Anchorage	AK	26	27:19	22	57:12	1:24:31
23	194	Sara Randall	Anchorage	AK	33	28:16	21	57:08	1:25:24
24	89	Tc Liu	Anchorage	AK	27	27:29	23	57:58	1:25:26
25	123	Rebekah Clark	Anchorage	AK	20	26:04	28	1:00:13	1:26:16
26	289	Cora Campbell	Anchorage	AK	30	27:43	26	59:22	1:27:05
27	278	Amanda Kuipers	Anchorage	AK	21	26:15	31	1:01:08	1:27:23
28	166	Rebecca Crawl	Eagle River	AK	32	28:15	27	1:00:04	1:28:19
29	328	Liz Odell	Anchorage	AK	49	29:44	25	58:49	1:28:32
30	217	Brande Mansfield	Wasilla	AK	24	26:51	35	1:01:58	1:28:49
31	79	Colleen O'Bryant	Palmer	AK	28	27:35	33	1:01:36	1:29:10
32	305	Andrea Barnes	Eagle River	AK	25	27:07	36	1:02:10	1:29:17
33	53	Lori Glidden	Anchorage	AK	37	28:23	32	1:01:33	1:29:55
34	82	Cathy Opinsky	Anchorage	AK	42	29:16	29	1:00:40	1:29:55
35	84	Marlys Morton	Anchorage	AK	43	29:16	30	1:01:01	1:30:16
36	244	Charis Cotton	Eagle River	AK	35	28:22	37	1:02:17	1:30:39
37	120	Diane Johannes	Eagle River	AK	34	28:22	38	1:02:17	1:30:39
38	279	Teresa Lawless	Anchorage	AK	31	27:50	41	1:03:11	1:31:00
39	304	Rachelle Alger	Anchorage	AK	22	26:24	50	1:05:02	1:31:25
40	165	Jennifer Midthun	Anchorage	AK	36	28:23	43	1:03:19	1:31:41
41	104	Carly Vangstad Boyd	Anchorage	AK	38	28:38	42	1:03:14	1:31:51
42	134	Kassie Pater	Eagle River	AK	50	29:50	39	1:02:31	1:32:21
43	29	Brigitte Nickles	Anchorage	AK	63	30:22	40	1:02:56	1:33:17
44	566	Mo Miller	Anchorage	AK	41	29:09	48	1:04:14	1:33:23
45	294	Kay Byrnes	Anchorage	AK	45	29:28	46	1:04:04	1:33:32
46	57	Catherine Allison	Eagle River	AK	57	30:01	44	1:03:33	1:33:34
47	132	Danielle Mohr	Anchorage	AK	29	27:41	56	1:05:54	1:33:34
48	259	Rhonda Dunlap	Palmer	AK	56	30:01	45	1:03:43	1:33:43
49	28	Kathy Bennett	Anchorage	AK	46	29:36	47	1:04:09	1:33:44
50	13	Christy Schwartz	Eagle River	AK	72	32:25	34	1:01:50	1:34:14

2016 Alaska Distance Classic  
Skinny Raven Sports

Anchorage, Ak 08/06/2016 Weather: Rain, 60 deg

WOMEN'S DOUBLE UP RESULTS

Place	No.	Name	City	St	Rank	5k Time	Rank	10k Tim	Total
51	215	Libby Stringham	JBER	AK	40	28:54	54	1:05:32	1:34:25
52	324	Erin Egan	Anchorage	AK	55	30:01	49	1:04:58	1:34:58
53	114	Laura Burzinski	Anchorage	AK	51	29:53	51	1:05:08	1:35:00
54	113	Lisa Land	Anchorage	AK	52	29:53	52	1:05:14	1:35:07
55	125	Katy Peace	Chugiak	AK	58	30:03	53	1:05:15	1:35:17
56	124	Jeanette Miller	Eagle River	AK	59	30:03	55	1:05:45	1:35:47
57	288	Melissa Tholl	Anchorage	AK	48	29:43	57	1:06:36	1:36:18
58	107	Elizabeth Lopez	Anchorage	AK	39	28:41	62	1:08:37	1:37:17
59	321	Alicia Vernon	Chugiak	AK	62	30:18	60	1:07:57	1:38:15
60	283	Sherry Decoteau	Anchorage	AK	60	30:12	61	1:08:22	1:38:33
61	87	Shelly Miller	Anchorage	AK	67	31:18	59	1:07:20	1:38:37
62	266	Beth Tappel	Anchorage	AK	75	32:40	58	1:07:08	1:39:47
63	189	Christine Pemble	Anchorage	AK	65	30:58	63	1:09:15	1:40:12
64	315	Jodie Mack	Anchorage	AK	61	30:12	65	1:10:09	1:40:21
65	260	Diane Firmani	Wasilla	AK	54	29:58	66	1:10:25	1:40:23
66	299	Vanessa Hall	Chugiak	AK	47	29:39	67	1:10:57	1:40:35
67	196	Sara Sharpe	Eagle River	AK	66	31:16	64	1:09:37	1:40:53
68	37	Natalie Bickers	Palmer	AK	53	29:55	69	1:11:31	1:41:25
69	127	Brenda Beesley	Anchorage	AK	71	32:10	68	1:11:05	1:43:15
70	185	Miranda Weldy	Eagle River	AK	68	31:25	71	1:14:31	1:45:56
71	262	Karen Loeffler	Anchorage	AK	78	33:56	70	1:12:26	1:46:21
72	297	Clare Lowber King	Palmer	AK	74	32:39	72	1:15:04	1:47:42
73	303	Kaylee Merrill	Wasilla	AK	70	32:05	73	1:16:05	1:48:09
74	295	Demetris Johnson	Eagle River	AK	64	30:39	77	1:19:14	1:49:53
75	240	Lexie Lewis	Anchorage	AK	69	31:28	76	1:19:08	1:50:35
76	296	Treverly Ford	JBER	AK	73	32:36	79	1:20:21	1:52:57
77	20	Judi Westfall	Anchorage	AK	80	35:40	74	1:17:30	1:53:09
78	19	Nicole Holta	Anchorage	AK	79	35:39	75	1:17:31	1:53:10
79	46	Carmel Dehn	Wasilla	AK	83	36:20	78	1:19:51	1:56:11
80	42	Meagan Jorgensen	JBER	AK	76	33:37	81	1:22:58	1:56:35
81	43	Amanda McCoy	JBER	AK	77	33:39	82	1:22:59	1:56:37
82	45	Calley Corcoran	Anchorage	AK	82	36:18	80	1:21:34	1:57:51
83	128	Trudi Livermont	Anchorage	AK	81	36:00	85	1:25:18	2:01:18
84	258	Joan Nelson	Wasilla	AK	84	36:34	84	1:25:12	2:01:46
85	131	Lisa Pelfrey	Wasilla	AK	88	38:28	83	1:24:32	2:03:00
86	173	Iesha Jones	Anchorage	AK	86	37:50	87	1:26:31	2:04:20
87	210	Judy Krier	Chugiak	AK	87	38:04	88	1:27:05	2:05:08
88	155	Dawn Hansen	Anchorage	AK	85	37:15	91	1:29:08	2:06:22
89	254	Carolena Hutchinson	Anchorage	AK	93	41:19	86	1:26:25	2:07:43
90	256	Meagan Nelson	Wasilla	AK	89	39:01	90	1:28:54	2:07:55
91	257	Stephanie McCoy	Wasilla	AK	91	41:05	89	1:27:42	2:08:46
92	302	Kellie Merrill	Wasilla	AK	90	39:44	93	1:31:31	2:11:14
93	209	Heather Cohen	Anchorage	AK	92	41:17	92	1:31:29	2:12:46
94	281	Mary O'Connor	Anchorage	AK	95	44:18	94	1:35:55	2:20:13
95	313	Denise Demetree-Tro	Chugiak	AK	96	44:21	95	1:58:00	2:42:20
96	148	Anquanett Gaston	Anchorage	AK	94	44:02	96	2:01:52	2:45:53

2016 Alaska Distance Classic  
Skinny Raven Sports

Anchorage, Ak 08/06/2016 Weather: Rain, 60 deg

MEN'S DOUBLE UP RESULTS

Place	No.	Name	City	St	Rank	5k Time	Rank	10k Tim	Total
1	55	Nic Maszk	Anchorage	AK	1	16:15	1	36:21	52:35
2	306	Christopher Ashland	Big Lake	AK	2	19:19	2	40:10	59:28
3	282	John Hellen	Anchorage	AK	3	19:28	5	41:08	1:00:36
4	333	Eric Troxell	Anchorage	AK	4	20:05	4	40:56	1:01:00
5	97	Levi Gionet	Anchorage	AK	5	20:41	7	42:38	1:03:19
6	142	Ron Cheshire	JBER	AK	6	20:44	8	43:27	1:04:11
7	77	Craig Gullede	Anchorage	AK	19	24:51	6	41:25	1:06:16
8	90	Grant Stevenson	Anchorage	AK	22	25:42	3	40:55	1:06:37
9	59	Sean Murphy	Anchorage	AK	9	21:32	9	46:48	1:08:19
10	158	Greg MacDonald	Anchorage	AK	10	22:07	10	47:16	1:09:22
11	186	Zachary Ricketts	Anchorage	AK	8	21:17	13	49:48	1:11:05
12	161	Dominic Ancona	Anchorage	AK	13	23:16	11	48:50	1:12:06
13	320	Ira Deardorff	Anchorage	AK	7	21:16	19	50:57	1:12:13
14	227	Steve Crook	Anchorage	AK	11	22:46	15	50:12	1:12:57
15	164	Jay Butler	Anchorage	AK	15	23:39	12	49:32	1:13:11
16	112	Kirk Warren	Anchorage	AK	12	22:54	16	50:19	1:13:12
17	263	Phil Walgren	Anchorage	AK	14	23:27	17	50:22	1:13:49
18	40	Mike Frank	Anchorage	AK	18	24:45	18	50:47	1:15:31
19	190	Dan Pemble	Anchorage	AK	25	26:10	14	49:56	1:16:06
20	213	John Brewer	Anchorage	AK	16	23:45	20	52:22	1:16:07
21	58	Toby Widdicombe	Anchorage	AK	20	25:06	21	53:20	1:18:25
22	181	Justin Vernon	JBER	AK	17	24:26	22	55:31	1:19:56
23	310	Chad Baker	Anchorage	AK	23	25:49	24	55:59	1:21:48
24	174	Eric Mizeras	Eagle River	AK	24	26:05	23	55:49	1:21:53
25	36	Joseph Maestre	JBER	AK	26	26:43	25	57:01	1:23:44
26	229	Shane Nethercott	Anchorage	AK	21	25:29	28	1:00:41	1:26:10
27	133	Benjamin Thibodeau	JBER	AK	28	27:27	26	59:12	1:26:38
28	311	Troy Baker	Anchorage	AK	32	28:52	27	1:00:36	1:29:28
29	277	Johnny Johnson	Anchorage	AK	29	27:51	30	1:02:00	1:29:51
30	226	Shane Metcalf	Anchorage	AK	36	29:57	29	1:01:39	1:31:35
31	216	Josh Lenaghan	Wasilla	AK	31	28:38	33	1:03:54	1:32:32
32	48	Scott Yahr	Glennallen	AK	37	30:07	31	1:03:00	1:33:06
33	115	Edward Hills	Anchorage	AK	40	30:24	32	1:03:26	1:33:49
34	239	Dennis Sorenson	Anchorage	AK	30	28:12	34	1:05:56	1:34:07
35	152	Blaise Coy	Eagle River	AK	27	26:50	39	1:08:50	1:35:40
36	286	Frank Thomson	Anchorage	AK	34	29:08	37	1:06:36	1:35:43
37	141	August Lambers	Kotzebue	AK	39	30:15	36	1:06:35	1:36:50
38	218	Karl Sander	Oak Harbor	WA	41	30:40	35	1:06:12	1:36:51
39	271	Brandon Denmon	Anchorage	AK	33	29:06	40	1:09:41	1:38:46
40	267	Daniel Ryan	Anchorage	AK	43	32:41	38	1:07:08	1:39:48
41	18	Ed Sears	Anchorage	AK	35	29:34	41	1:10:36	1:40:10
42	47	Lawrence Bigelow	Anchorage	AK	38	30:13	44	1:12:39	1:42:51
43	81	Bill Kane	Anchorage	AK	42	32:27	42	1:11:07	1:43:33
44	195	Chris Wilder	Anchorage	AK	46	35:19	43	1:12:25	1:47:43
45	242	Stuart Jackson	Anchorage	AK	44	33:52	46	1:15:53	1:49:45
46	56	Jim Feaster	Anchorage	AK	45	34:45	45	1:15:18	1:50:03
47	72	Matthew Ireland	Anchorage	AK	47	41:02	47	1:33:28	2:14:30
48	287	Andrew Alexander	Anchorage	AK	48	44:17	48	1:35:55	2:20:12